



POSICIONES "SOGUI KISUL"					
MOA SOGUI	CHARIOT SOGUI	NARANJI SOGUI	PIONJI SOGUI	UEM SOGUI	ORUM SOGUI
CHUCHUM SOGUI	AP SOGUI	AP KUBI SOGUI	TUIT KUBI SOGUI	BOM SOGUI	TUIT KOA SOGUI

















DEFENSAS MANO "SON KISUL"					
ARE MAKI	MONTONG MAKI	MONTONG AN MAKI	OLGUL MAKI	JANSONNAL MONTONG BAKAT MAKI	SONNAL MONTONG MAKI
MONTONG BAKAT MAKI	OLGUL BAKAT MAKI	GECHIO ARE MAKI	BATANGSON MONTONG AN MAKI	SONNAL ARE MAKI	GECHIO MONTONG MAKI
GODURO BATANGSON MONTONG AN MAKI	OKGORRO ARE MAKI	JANSONNAL MONTONG YOP MAKI	GODURO MONTONG MAKI	GODURO ARE MAKI	



ATAQUES MANO "SON KISUL GONGKIOK"					
MONTONG BANDE JIRUGUI	MONTONG BARO JIRUGUI	OLGUL BANDE JIRUGUI	OLGUL BARO JIRUGUI	MONTONG DUBONG JIRUGUI	SONNAL AN CHIGUI
PYONSONKUT SEUO CHIRIGUI	DUNG CHUMOK APE CHIGUI	ME CHUMOK NERYO YOP CHIGUI	PALKUP DOLLYO CHIGUI	GODURO DUNG CHUMOK APE CHIGUI	DU CHECHO JIRUGUI
DUNG CHUMOK BAKAT CHIGUI	MONTONG YOP JIRUGUI				

MOVIMIENTOS ESPECIALES "PUM"					
KIBON CHUMBI	CHEBIPUM MOK CHIGUI	MONTONG PALKUP PIOCHOK CHIGUI	BITURO JANSONNAL OLGUL BAKAT MAKI	BO CHUMOK CHUMBI	GAWI MAKI
DUBON GAWI MAKI	DANGKIO OLLYO MURUP CHIGUI	PIOCHOK CHAGUI	OE SANTUL MAKI	DANGKIO TOK JIRUGUI	



TÉCNICAS DE PIERNA “BAL KISUL ”					
AP CHAGUI	DOLLYO CHAGUI	YOP CHAGUI	TUIT CHAGUI	BAKAT DARI CHAGUI	AN DARI CHAGUI
					
BITURO CHAGUI	BANDAL CHAGUI	MYRO CHAGUI		NERYO CHAGUI	
					
NAKO CHAGUI		FURYO CHAGUI		MONDOLLYO TUIT CHAGUI	
					
MONDOLLYO YOP CHAGUI		MONDOLLYO NAKO CHAGUI		MONDOLLYO FURYO CHAGUI	
					



TÉCNICA FUNDAMENTAL TAEGUK